

# Quick guide for GlucoMen LX PLUS

## How to set the time, date and sound.

- 1. Start the meter.** Hold in  for more than 3 seconds. For a moment, the screen will show all symbols.
- 2. Set the time.** The digits for hour blink. Browse and select by pressing  or . Confirm with . Set the minutes in the same way.
- 3. Set the year, month and day.** Select the year by pressing  or . Confirm with . Select the month in the same way. Confirm with . Select the day in the same way. Confirm with .
- 4. Set the sound.** Press  or  to activate the sound (you can choose whether the meter has sound or is silent). Select "on" or "off". Confirm with .
- 5. Save** by holding  in for longer than 3 seconds.

## How to get the meter results from the memory.

1. Start the meter with the -button and the latest meter result is shown in the display.
2. Press  to scroll back in time (max 400 values). Press  to go forward.
3. Average value; turn on the meter with the -button. Press  again and the meter shows the day's average. Continue to press  to show the latest 1, 7, 14 and 30-day averages.
4. Keep  pressed down longer than 3 seconds in order to turn off the meter.

### Error codes

- E-0 Software error. Call customer service 040-32 12 70.
- E-1 System error with hardware. Call customer service 040-32 12 70.
- E-2 Wrong usage temperature. Temperature is outside the limits (5°C–45°C).
- E-3 Wrong or previously used test strip.
- E-4 Blood test error. Incorrect test.
- E-XX Other figure than above. Call customer service 040-32 12 70.

Note that this printed matter is a quick guide and more detailed information can be found in the user's manual that comes with your meter. If you have further questions contact our customer service on 040-32 12 70. or [info@menarindiagnosics.se](mailto:info@menarindiagnosics.se).

GlucoMen<sup>®</sup> LX PLUS<sup>+</sup>



The teststripe GlucoMen<sup>®</sup> LX Sensor and GlucoMen<sup>®</sup> LX  $\beta$ -Ketone Sensor are subsidized and approved by Läkemedelsförmånsnämnden.

### State the following Apoteket item number when you order:

50 Lancing devices GlucoMen<sup>®</sup> LX Sensor  
Apoteket item no. 22 01 84

100 Lancets Glucoject<sup>®</sup> Lancets  
Apoteket item no. 22 01 28

200 Lancets Glucoject<sup>®</sup> Lancets  
Apoteket item no. 22 02 29

1 st Glucoject<sup>®</sup> Dual Testing device  
Apoteket item no. 20 47 11

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## Painless testing.

Your new lancing device is equipped with the unique and ingenious Comfort Zone-technology: eight small points in a circle, which block the brain's sensory perception so that the testing is practically painless.

The fact that you, in addition, can adjust the force means that you don't have to penetrate so deeply to get the right amount of blood.

A shallow penetration is felt considerably less than a deep one. So try to get a shallow penetration depth and increase the force instead.

## How to use the lancing device.

1. Unscrew the top of the device and push in a new lancet as far as it will go.
2. Twist off the needle's plastic protective cover and screw the top back on again.
3. Set the desired penetration depth 0–6 (0 is the shallowest and 6 is the deepest) and adjust the force level (three settings) to adapt the penetration to your skin type.
4. Grasp the back section of the lancing device and pull it out until you hear a click. Now the device is loaded.
5. Press the top against your finger and press the trigger.
6. Remove the lancet after the test and throw it in a container for sharp objects. Do not reuse the lancet.

*Tip! Before you pull out the lancet, place the needle in the four-sided piece of plastic that previously protected the needle so you don't risk sticking yourself.*



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## How to measure the blood glucose/ketone value.

1. Wash your hands with soap and water.
2. Take a glucose or ketone test strip.
3. Put the gold-coloured contact area of the strip in the test strip port of the meter.
4. The meter shows a blinking blood drop and is now ready to perform a measurement.
5. Lance yourself with the lancing device.
6. Set the blood drop against the short end of the test strip, which automatically will draw up the right amount of blood.
7. When you have read your blood glucose value (after 4 seconds for glucose strips and 10 seconds for ketone strips), take out the test strip and discard it. The meter shuts off automatically.

## This is how you use the value mark-up function (only glucose values)

1. Select one of the mark-ups with the arrow buttons ("before meal", "after meal", "training" or "check").
2. Confirm the selection by pressing the -button.
3. When selecting the mark-up "before meal" an alarm can be activated to go off after 2,5 hours for a "after meal" test. Select activation with the arrow buttons and confirm with the -button.

**Note.** The meter is NOT automatically saving a mark-up if the strip is removed or if one minutes passes.

## Changing the battery.

GlucoMen® LX is powered by one CR2450 battery.

When battery strength is low, the meter shows  in the upper right-hand corner and a blood drop  in the lower left corner. You then have power for approximately 20 additional measurements. The battery symbol will remain until you have changed the battery. Contact our customer service at tel. 040-32 12 70, and we will send you a new battery free of charge.

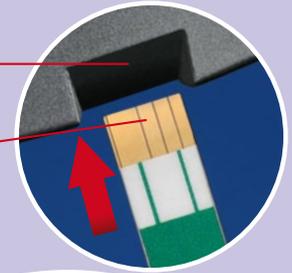
1. Open the battery slot on the back of the meter.
2. Pull out the old battery and .and put in a new battery in, with the "+" symbol facing upward.
3. Put the cover back on.

Customer service 040-32 12 70 or [info@menarinidiagnostics.se](mailto:info@menarinidiagnostics.se)

GlucoMen® LX PLUS<sup>+</sup>

Öppning för teststickan

Kontaktyta



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