




















# Tusmo gaaban ee GlucoMen LX Plus

## Sidan ayaad u galinaysa xiliga, taarikhda & maqalka.

- Cabirka daar** adigoo  taabanaya in ka badan 3 sikin. Shaasahda ayaa in yar ku tusaysa dhamaan calaamadaha.
- Xiliga gali.** Nambarada saacada ayaa bigbig leh. Dulmar oo dooro adiga oo taabanaya  ama . Ku xaqiiji . Daqiiqadaha sidaas oo kale u gali.
- Gali sanad, bill iyo maalin.** Dooro sanadka adiga oo taabanaya  ama . Ku xaqiiji .  
Sidaas oo kale u gali bisha. Ku xaqiiji .  
Sidaas oo kale u gali maalinta. Ku xaqiiji .
- Gali maqalka.** Taabo  ama  si aad maqalka u bilowdid (waad dooran karta in cabirku u maqal lahaanayo iyo in u aamusnaanayo). Dooro "on" ama "off". Ku xaqiiji .

## Sidaan ayaad natijada cabirka kaga heli karta xasuusta.

- Cabirka daar adiga oo isticmaalaya -botanka markaas natijada ugu danbaysa ayaa ku arkaysa shaashada.
- Taabo  si aad wixi hore dib ugu eegtid (ugu badnaan 400 cabir). Taabo  si aad horay ugu socotid.
- Cabirka dhexdhaxaadka ah (cabirka maadada glukoos kaliya): cabirka daar adigoo taabanaya -botanka. Taabo  misna markaas cabirku wuxuu ku tusaya dhexdhaxaadka maanta. Sii wad oo taabo  si aad u aragtid dhexdhaxaadka 1, 7, 14 iyo 30 maalmod.
- Ku hay  hoos in ka badan 3 sikin si aad u damisid cabirka.

### Nambarada ciladaha.

- E-0 Qalabka aya halaysan. Wac qaybta kaalmada macamiisha 040-32 12 70.
- E-1 Kharab samayska qalabka. Wac qaybta kaalmada macamiisha 040-32 12 70.
- E-2 Kulayl ama qabow cilad u keenaya isticmaalka. Cabirka kulaylku iyo qabowgu uma dhaxeeyo (5°C–45°C). Cabirka iyo irbadaha ha la kulayliyo ama ha la laydhiyo.
- E-3 Khalad ama isticmaal irbad. Qaado irbad kale ee tijaabo.
- E-4 Jawaab khaldan ee dhiiga. Tijaabo khalad ah. Qaado irbad kale ee tijaabo.
- E-XX Nambar ka duwan ka sare. Wac qaybta kaalmada macamiisha 040-32 12 70.
- 0:00 Bateriga ayaa la badal. Gali xili iyo taarikh.

Glucomen<sup>®</sup> LX PLUS<sup>+</sup>



## Sheeg farmashiga nambarkisa dalabka [varunummer] ee hoos ku xusan marki aad dalbanaysid:

50 xabo irbadaha tijaabada GlucoMen<sup>®</sup> LX Sensor

Farmashiga varunummer 22 01 84

100 xabo qalabka farta lagu dalooliyo Glucoject<sup>®</sup> Lancets

Farmashiga varunummer 22 01 28

200 xabo qalabka farta lagu dalooliyo Glucoject<sup>®</sup> Lancets

Farmashiga varunummer 22 02 29

1 xabo Glucoject<sup>®</sup> Dual labo tijaabo qaada Farmashiga varunummer 20 47 11

# Tusmo gaaban ee GlucoMen LX Plus

## Qaadis tijaabo oo xanuun aan lahayn.

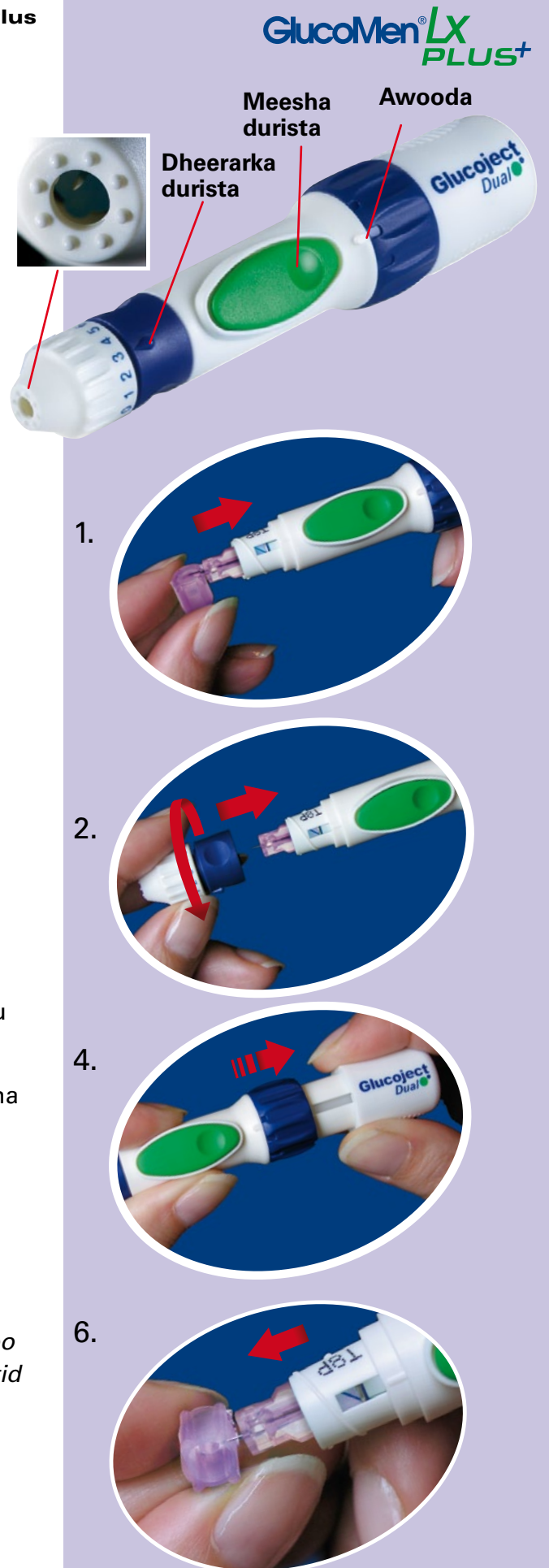
Qalabkaaga cusub ee tijaabadu waxaa u leeyahay Comfort Zone-technology oo aad n horay loo arag aadna u maskax badan. Sideed dhibcod oo yar yar oo goobabin ku jira, kana xijinaya maskaxda dareenka xanuunka leh, taas oo sababaysa in tijaabada xanuun la'aan la qaadi karo.

Waxaad kala galin karta awooda, taas waxaay sababaysa in aadan u baahnayn meel fog in aad garsisid duritaanka si aad dhiig kugu filan u heshid.

Duritaan aan hoos aadayn aya ka xanuun yar duritaan dheer. Kolka isku day duritaan aan hoos aadayn awooda kolka badi.

## Sidaan ayaad u isticmaalaysa qalabka tijaabada.

1. Caaburka sare ka fur markaasna gali hal xabo ee qalabka farta lagu dalooliyo inti surtagal ah.
2. Irbada xajiska blaastiga ah ka fiju hadhowna caaburka sare dib ugu xir.
3. Gali sarida inta aad rabtid in ay hoos ahaato 0-6 (0 aya ugu yar hoos 6 aya ugu dheer) iyo awooda (sadex hab) si durida jirkaga loogu habeeyo.
4. Qalabka tijaabada meesha bandbe qabo oo jiid ilaa aad ka maqashid dhawaaq "kilik". Hadda charge ayu leeyahay qalabka tijaabadu.
5. Tuuji qalabka tijaabada qaybtisa sare fartada meesha duristana taabo.
6. Soo bixi qalabka farta lagu dalooliyo ka dib kolki tijaabada aad qaadid kuna tur qashinka wax muda meesha lagu rido. Dib haa u isticmaalin qalabka farta lagu dalooliyo. *Talo! Inta aadan soo bixin qalabka farta lagu dalooliyo, irbada ku dhaji blaastiga afargeeska ah oo horay xajin jirtay irbada kolki adigu halis uguma jirtid in aad dib isu durtid.*







# Tusmo gaaban ee GlucoMen LX Plus

## Sidaan ayaad u bariraysa sonkorta dhiiga/cabirka ketonka.



1. Ku farxolo saabun iyo biyo.
2. Qaado qalabka tijaabada glukos (ama ketonka).
3. Dacalka kalarka dahabka ee qalabka tijaabada soo gali meesha furan ee cabirka.
4. Cabirku wuxuu ku tusaya dhiig dhibco ah hadana cabir ayaa lagu qaadi kara.
5. Ku dur qalabka tijaabada.
6. Dhibicda dhiiga qaybta gaaban ee qalanba tijaabada u dhig ayada aya nuugaysa inta dhiiga ah ee ay u baahantahay.
7. Marki aad tijaabada akhrisid (4 sikin ee tijaabada glukos iyo 10 sikin ee tijaabada ketonka) waxaad ka soo bixin karta qalabka tijaabada waadna tuuri karta. Cabirku asaga aya is daminaya.

## Sidaan ayad u calamadayn karta cabir tijaabo (glukos kaliya)

1. Dooro calamadaynta aad rabtid adiga isticmaalaya falaraha jahaynta ("cuntada ka hor", "cuntada ka dib", "jimicsi" eller "calaamad").
2. Ku xaqiiji calaamada -botanka.
3. Kolki aad dooratid calaamada "cuntada ka hor" waxaad samaysan karta ogaysiin "tijaabo cuntada ka dib" 2,5 (labo sacadod iyo bar) ka dib. Ogaysiinta waxaad ka dhigta "PÅ" ama "AV" adigoo taabanaya  ama  kuna xaqiiji .

*U fiirso: Cabirka MA kaydiyo si toos ah calaamad haddii hal minid ka soo wareegto ama haddii qalabka tijaabada laga bixiyo.*

## Sidaan ayaad bateriga uga badali karta GlucoMen® LX.

GlucoMen® LX PLUS wuxuu haysta bateri CR2450 ah. Marki bateriga awoodisa ay yartahay cabirku  ayu muujinaya midigta sare iyo dhibic dhiig  ee bidixda hoose markas 20 cabir ayaad qaadi karta. Calaamada bateriga waay muuqan ilaa aad ka badashid bateriga. La xidhiidh qaybta kaalmada macamiisha talefoonka 040-32 12 70, markas anaga aya ku soo dirayna bateri lacag la'aan.

Sidaan yeel marki aad badalaysid bateriga:

1. Caaburka bateriga ka qaad cabirka meeshisa danbe.
2. Bateriga oo fuji midka cusubna gali adiga oo dacalka "+" kor u taagay.
3. Caaburka dib ugu celi.

GlucoMen® LX PLUS<sup>+</sup>

Furitaanka qalabka tijaabada

La xidhiidh

3.

6.

